

# Blessed George Napier Catholic School and Sixth Form

Dear Lord, I pray that You would bless my efforts and grant me success in all that I do. May I be a blessing to others and use my talents and abilities to bring joy and purpose to the world. Thank You for Your constant love and presence in my life. I trust in Your plan for me and know that with Your help, I can achieve anything.



## Key Stage 5 Bulletin: 28<sup>th</sup> March 2024

### News and Reminders

Thank you for another great term!

Easter teaches us to look forward, and the hard work you're putting in now, and the skills we can see you developing in prioritising tasks and managing your time, are all paving the way to your successful future. We know there is a lot for you to do but please don't forget there are resources and support systems around you to help you. Mrs O'Donnell went through this with you all in assembly but just so you don't forget...

**MENTAL HEALTH CHECK-IN**

- How am I feeling today emotionally and physically?
- What I am grateful for today?
- What is taking up most of my head space?
- Am I getting enough quality sleep?
- Did I engage in acts of kindness today?
- Did I stretch or move my body today?
- Am I eating nourishing meals?
- What activity will I do today that brings me joy and fulfillment?
- Did I express my needs to anyone and ask for support?
- Did I engage in any self-reflection or journaling today?
- Am I hungry, lonely or tired?
- Did I connect with loved ones or friends today?
- Am I taking breaks to rest and recharge?
- What is one small progress or victory I can celebrate today?
- Am I kind to myself today?
- Did I practice deep breathing or meditation today?

**IT IS OKAY TO**

- MAKE MISTAKES
- NOT BE OKAY
- HAVE HARD DAYS
- BE YOURSELF
- NOT KNOW IT ALL
- ASK FOR HELP
- START OVER

Wishing you every blessing this Easter!

## PROM 2024

The £25 deposit is now live on ParentPay.

We ask for the deposit so that we can finalise numbers and secure bookings.

Here's hoping payday isn't far off for those of you still to secure your place.

### Dates for your Diary

**Thursday 28<sup>th</sup> March – Maundy Thursday- School closes at 12:30pm for Easter Holidays**  
**Please see Whole School Newsletter for local Holy Week Mass times.**

Monday 15<sup>th</sup> April – School reopens (Week A)

Thursday 18<sup>th</sup> April – Yr12 UCAS Higher Education Conference Winchester

Saturday 27<sup>th</sup> April – Lourdes Training Day at Bishop Walsh School, Sutton Coldfield

Monday 29<sup>th</sup> April – Friday 3<sup>rd</sup> May - Yr12 Mock Week

Monday 6<sup>th</sup> May – Bank Holiday

Wednesday 8<sup>th</sup> May – Leavers' Mass 6pm

Thursday 9<sup>th</sup> May – Yr13 Study Leave Begins

Saturday 25<sup>th</sup> May – Saturday 1<sup>st</sup> June – Lourdes Pilgrimage

Monday 27<sup>th</sup> May – Friday 31<sup>st</sup> May – School Closed for Half Term Holiday

Monday 24<sup>th</sup> – Friday 28<sup>th</sup> June – Yr12 Work Experience Week

Thursday 27<sup>th</sup> June – Yr13 Prom

### Useful Links

**As always, please check your school email address regularly. A lot of important and useful information is sent out to you this way.**

[EDT \(Engineering Development Trust\)](#) are running a World Class Project Management online Masterclass during the Easter Holiday that will be perfect for your students in Years 12 & 13. Please see attached flyer for more information.  
**Places are limited** so act quickly to avoid disappointment.

### QUEST Undergraduate award – open for entries

Are any of you planning to start a civil engineering degree in autumn 2024? Is the course accredited by ICE?

If so, you could become one of our next QUEST scholars. QUEST Undergraduate Scholarships ensure that students with the potential to excel in civil engineering are given the support and encouragement to do exactly that.

You could get:

- Up to £8,000 over the course of your study
- Paid work experience placements every summer
- Employment after graduation with a leading company

[Deadline for entries is 12 April 2024.](#)  
[Find out more here and apply.](#)

## London Med Summer School

[www.gmul.ac.uk/outreach/students/medicine-and-dentistry-/london-med-schools-summer-programme](http://www.gmul.ac.uk/outreach/students/medicine-and-dentistry-/london-med-schools-summer-programme)

Applications for the free online London Med Schools Summer Programme 2024 are now open. This programme is for **Year 12 students** living outside of Greater London, who have only attended non-selective state schools since age 11 and are currently studying A Level biology and chemistry.

Funded by Health Education England, the London Med Schools Summer Programme brings together four of London's medical schools (King's College London, Queen Mary University of London, St George's University of London, and University College London) to give 75 Year 12 students from across England an opportunity to find out what it is like to study medicine in London.

Working with patients and student ambassadors, participants will gain a greater understanding of the realities of being a doctor and the skills needed to succeed.

The main summer school programme takes place from **15th-19th July** on Zoom. There will also be additional events delivered in conjunction with the summer school.

Deadline to apply: **19th April.**

## The PremedProjects Team

We have some online courses coming up created by doctors for students interested in careers in medicine.

Some courses are paid and some completely free, all include a certificate for use in med school applications and are ideal preparation for students applying for university degrees in medicine and those younger students too who may be considering the profession.

Medicine Career Day Live Saturday 30th March. An ideal day for students wanting to know all about the medical profession, learn about the personal statement for medicine, UCAT examinations and gain some work experience in the afternoon by helping to treat and diagnose patients. [Students can see more information here.](#)

Medical Ethics Live, on Sunday the 7th April 2024. It's vital to understand medical ethics when applying to med school and how to

understand moral dilemmas and ethical questions doctors face everyday. It's highly likely that you'll be asked ethics questions or face an MMI station designed to test your understanding of medical ethics so it's really important you understand some of the questions you will face at medical school interviews. [Students just need to register here.](#)

Surgery Work experience Live taking place on Sunday 21st April 2024. This interactive day is designed to give students a meaningful insight into careers in medicine and surgery. Students join a patient on their journey from initial presentation to diagnosis and treatment. The doctors will guide you through how they would conduct a surgical consultation, interpret signs and manage patients. [All the details available here.](#)

Suture Like A Surgeon online Course. Sunday 12th May 2024. Join our suturing masterclass where you will learn how surgeons effectively manage and assess acute wounds with suture closure. You will be sent our suture kit in the mail before the course starts so you can suture along with the doctors, learning first hand the various techniques needed to be a surgeon. [You can view all the course info here.](#)

All courses have been created by doctors and provide outstanding work experience for you to use in your applications to medicine. If you can, we'd love to see you there.

For current Yr13s interested in starting an apprenticeship in September 2024 Sanctuary Graduates are currently working with Canopus on their exciting Apprenticeship programmes

Canopus is a global speciality (re)insurer who are privately owned and one of the leading insurers in the Lloyd's of London insurance market. They have eight apprenticeship programmes within Claims, IT, Operations, Underwriting, Finance, Change, Data and Group, where students will earn £23,000 and some of the roles offer qualifications such as the Advanced Diploma in Insurance (ACII).

Here are the links where you can read more about each opportunity and apply:

- Claims Apprenticeship: <https://link.sanctuarygraduates.co.uk/ey3H>
- IT Apprenticeship: <https://link.sanctuarygraduates.co.uk/gLuI>
- Operations Apprenticeship: <https://link.sanctuarygraduates.co.uk/X43I>
- Underwriting Apprenticeship: <https://link.sanctuarygraduates.co.uk/8PqD>
- Finance Apprenticeship: <https://link.sanctuarygraduates.co.uk/2dww>
- Change Apprenticeship: <https://link.sanctuarygraduates.co.uk/8vUX>
- Data Apprenticeship: <https://link.sanctuarygraduates.co.uk/UH7Z>
- Group Apprenticeship: <https://link.sanctuarygraduates.co.uk/0Umv>

Sanctuary Graduates always support candidates through the process to ensure they are putting their best quality application forward. Each live link above, provided by Sanctuary Gardens, is be a unique link so that they can see the students who apply as a result of this and offer support throughout the application process.



We are holding a public event on the **Wednesday 17th April 2024 (3.15pm)**, the event is called 'The Impact and Influence of Kate Greenaway on Illustrated Books' and will be of particular interest to those with a literature background. Further information is available on the flyer is [here](#). This will take place in the Robert Hardy Building, Seminar Room 2 on our campus here in Lincoln. It is an open public event for anyone to come along and attend.

Filter, find and apply for scholarships, grants or bursaries via

[the Funding Hub on Blackbullion.](#)

Also find useful articles including, Advice on how to fill in scholarship applications and Educational grants for students from trusts and charities.

## We've got you covered:

[Students](#)

[Parents](#)

[Martin Lewis: Five things EVERYONE should know about English student finance 2024/25](#)



# Mansfield College

UNIVERSITY OF OXFORD

Recordings of past Mansfield Public Talks can be found on [Mansfield's YouTube channel](#).



## Cloistered

[Book here](#)

With Catherine Coldstream **Fri 26 April, 5:30pm**

In 'Cloistered' Catherine Coldstream tells the story of the twelve years she spent as a contemplative nun in the 1990s, from the unconditional trust of her first steps as a novice to the community crisis that led to her running away. In her talk she will be discussing how and why she came to write her memoir, and of the challenges she encountered.



Explore our vast online collection which includes more than 3000 videos, featuring over 1200 speakers dissecting hundreds of topics. <https://www.gresham.ac.uk/watch-now>



### **What went wrong in Latin America? The failures of import-substituting industrialisation**

Professor Martin Daunton

Tue, 09 Apr 2024

[Economics](#) [History](#)



### **Sustainable Energy in Refugee Camps**

Dr Sarah Rosenberg-Jansen

Wed, 10 Apr 2024

[Sustainability](#) [Climate change](#) [Politics](#)



### **The Geopolitical Risks of Climate Change**

Professor Myles Allen

Tue, 16 Apr 2024

[Environment](#) [Climate change](#) [Politics](#)



## **Refugees: English Law's Protection or Persecution?**

Professor Leslie Thomas KC

Thu, 18 Apr 2024

[Law](#) [Politics](#) [Rights](#)



## MY SUPER CURRICULAR

Easy tips on how to make the most of super curricular resources.

Easter is a very busy time of the year, especially for students who have exams approaching, coursework to complete, and deadlines to meet. It can be challenging to find the time to continue exploring additional academic interests. However, we have a solution for you. Check out our blog post to learn how to manage your time effectively and accomplish everything on your 'to-do' list.

[Read here](#)

**Out-of-body experience: explaining the brain.**

Dr Jane Aspell considers the meaning of an out-of-body experience (OBE), and both the scientific and paranormal perspectives on the phenomenon.

[Discover now](#)

**Royal Society of Biology - Photography Competition.**

Photography Competition theme for 2024

The theme of the 2024 Royal Society of Biology Photography Competition is Transforming Life.

[Sign up](#)

**The Wildlife Trust - Volunteering Opportunities.**

Search for different volunteering opportunities from the Wildlife Trust in various location across the UK.

[Explore now](#)

# MAKE IT! Summer School

## at Ravensbourne University London

2nd-5th July - Ravensbourne SE10 0EW

4 day hands-on creative summer school designed to mimic a week in a creative agency. Students will work in groups to design a product or service that acts as a solution to an every day problem. Present that solution to a panel of at the end of the week (a bit like that popular TV show) and the best idea wins a prize!

Open to all aged 16+. Designed to be an alternative work experience week.

Sign up here



## WE ARE AMAZING APPRENTICESHIPS

A leading organisation in the education sector, founded to tackle misconceptions about apprenticeships and promote the benefits. Discover resources in the [student zone](#) and the [parent and carer zone](#).



[Listen to E27: Making the most of university - opportunities outside the course.](#)  
[as well as previous episodes covering topics such as How much does university really cost? / How can students select a university course or institution? / How to prepare for exams?](#)

Open day season has started!

<https://www.opendays.com/calendar/>

[In focus this issue :](#)



## Step into Bath 2024

Step into Bath is a two-night residential summer school, from **Wednesday, 24<sup>th</sup> July, to Friday, 26<sup>th</sup> July**. It is open to all Year 12 students who are on track to meet our typical offer ([click here for more information](#)) and who are considering applying to Bath for 2025 entry.

Students will stay in campus accommodation and attend interactive sessions to help them make a competitive university application, as well as academic skills sessions to prepare them for the transition to university study.

An attendance fee of £275 covers all accommodation, food and activities. **Applications are now open.**

[Apply Now](#)



Chat with our Students



Read our student blogs

**Why not stand out from the competition with Study Mind's Work Experience courses!**



The Easter holiday is your time to have fun and catch up friends, but it's important to enjoy yourself safely. These three simple tips can help:

1. Have plans in place, including travel plans
2. Share plans with a trusted adult beforehand
3. Look out for the people you are with

Find more [personal safety tips](#) on oxme, including [transport](#) and [outdoor safety](#).

**Wellbeing and you:**

We know that there can be pressures around spending the Easter Holiday right. But taking time for yourself, doing something that you enjoy, and talking to the people you trust can all help. [Visit our Wellbeing Hub](#) for more ways to support your wellbeing.

**Look after yourself = Look after your sleep**





THE ARCHDIOCESE *of* BIRMINGHAM

Fri 29 Mar: [Walk of Witness Birmingham](#)

Thu 4 Apr: [Live Organ Recital at St Chad's Cathedral](#)

Sat 6 Apr: [God Still Calls, 'Come and See' event](#)

Mon 8 Apr: [Alpha starts in Stafford](#)

Sun 14 Apr - Fri 19 Apr: [Pilgrimage to Knock and Co. Mayo](#)

Wed 17 Apr: [Divine Renovation webinar: Sent or Stuck](#)

Wed 17 Apr: [Modern Slavery and Human Trafficking awareness session 1](#)

Thu 18 Apr: [Modern Slavery and Human Trafficking awareness session 2](#)

Sat 27 Apr: [One-day Symposium at St Mary's College, Oscott](#)

Sat 27 Apr: [Solemn Mass in Latin and Benediction, St Chad's Cathedral](#)

If you have any questions relating to anything Sixth Form, please contact:

Mrs O'Donnell – [SODonnell@bgn.oxon.sch.uk](mailto:SODonnell@bgn.oxon.sch.uk)

Mr Thornton – [wtho0370@bgn.oxon.sch.uk](mailto:wtho0370@bgn.oxon.sch.uk)

Mrs Ellul – [mell8376@bgn.oxon.sch.uk](mailto:mell8376@bgn.oxon.sch.uk)

Mrs Russell - [rrussell@bgn.oxon.sch.uk](mailto:rrussell@bgn.oxon.sch.uk)

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