

Subject: PE	Year: 9	Developed by: LG	Date: Sept 2021
--------------------	----------------	-------------------------	------------------------

INTENT

- Develop a life long love of physical education
- Develop performance, leadership, education, healthy body and healthy mind- through the PE for life Olympic rings

The themes for the year / areas of the curriculum to be studied / the big picture TO BE SHARED WITH STUDENTS (evidence in their books)

IMPLEMENTATION

Overview of Year – Topic area and Assessment	Term 1								Term 2								Term 3						Term 4							Term 5					Term 6					
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	
Health Related Fitness	Health Related Fitness								Badminton								Cross Country						Hockey Continued							Athletics					Rounders					
Netball	Netball								Basketball								Hockey						Dance												Cardio Tennis					
Football	Football								Option week to recap weaknesses														Option week to recap weaknesses												Option week to recap weaknesses					

See rota below for specific topics and the rota they follow

IMPACT

Topic, Assessment, Readiness	Topic	Assessment Method	Mark Sch / Grade Boundaries	Knowledge / Skills / Understanding To be shared with students
		All topics	Formative assessment at the end of each unit (3-4 weeks)	Core PE assessment criteria in planners based on each of the 5 Olympic rings

Y9 Autumn Term

	Cycle 1 (2) 9/09-13/09	Cycle 2 (6) 16/09-04/10	Cycle 3 (6) 07/10-25/10	Cycle 4 (6) 04/11-22/11	Cycle 5(6) 25/11-13/12	Cycle 6 (2) 16/12-19/12
Girls	HRF	Netball	Football	Badminton	Basketball	OPTION
Boys	HRF	Rugby	Basketball	Football	Fitness	OPTION
Mixed	HRF	Badminton	Multi-skills Outside Netball endzone)/Tag Rugby	Orienteering	Multi-skills Outside Hockey & Football	OPTION

Spring Term

	Cycle 1 (8) 06/01-31/01	Cycle 2 (8) 03/02-06/03	Cycle 3 (6) 09/03-27/03	Cycle 4 (2) 30/03-03/04
Girls	Cross-Country	Hockey	Dance	OPTION
Boys	Cross-Country	Badminton	Hockey	OPTION
Mixed	Cross-Country	Dance /fitness	Sports Hall Athletics/Basketball	OPTION

Summer Term

	Cycle 1 (6) 20/04-08/05	Cycle 2 (4) 11/05-22/05	Cycle 3 (2) 01/06-05/06	Cycle 4 (2) 08/06-12/06	Cycle 5 (2) 15/06-19/06	Cycle 6 (2) 22/06-26/06	Cycle 7 (4) 29/06-10/07	Cycle 8 (2) 13/07-17/07
Girls	Athletics	Athletics	Athletics	Rounders	Rounders	Rounders	Cardio-Tennis	OPTION
Boys	Athletics	Athletics	Athletics	S + F	Cardio - Tennis	Cardio-Tennis	S + F	OPTION
Mixed	Athletics	Athletic	Cardio-Tennis	Cardio-Tennis	Athletics	S + F	S + F	OPTION

**Athletics - 2 Throws / 2 Jumps / 2 Sprint / 2 Hurdles / 1 MD / 1 Relay / 2 Catch-Up
Y9 – Discus & Triple Jump**

**Health & Fitness – Outwitting (Invasion) – Outwitting (Net & Wall) – Outwitting (S&F) – Creative Movement – Performing at Maximum Levels – Lead
Partner School YST – Overcoming Challenge**