

Subject: PE	Year: 7	Developed by: LG	Date Oct 2022
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INTENT

- Develop a life long love of physical education
- Develop performance, leadership, education, healthy body and healthy mind- through the PE for life Olympic rings in each sport.

The themes for the year , areas of the curriculum to be studied and the big picture TO BE SHARED WITH STUDENTS

Student are placed into ability groups. Each group works on a rota of sports. This is to ensure all students have access to learning the objectives from the BGN olympic rings in a range of sports throughout the year. The implementation below is an example of one group, to see all groups rotations please scroll to the bottom.

IMPLEMENTATION

Overview of Year – Topic area and Assessment	Term 1								Term 2								Term 3								Term 4								Term 5								Term 6							
	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39									
Health Related Fitness	Badminton								Cross Country								Orienteering Continued								Athletics								Rounders															
Netball	Hockey								Orienteering								Dance																Cardio Tennis															
Football	Option week to recap weaknesses																Option week to recap weaknesses																Option week to recap weaknesses															

See rota below for specific topics and the rota they follow

IMPACT

Topic, Assessment, Readiness	Topic	Assessment Method	Mark Sch / Grade Boundaries	Knowledge / Skills / Understanding To be shared with students
	All topics	Formative assessment at the end of each unit (3-4 weeks)	Core PE assessment criteria in planners based on each of the 5 Olympic rings	Regular verbal feedback throughout each sport is given based on the BGN Olympic rings
BGN Olympic rings	Summative assessment each term	Core PE assessment criteria in planners based on each of the 5 Olympic rings	Assessment of each ring shared with students and stuck into planners. Students set future goals each term.	

BGN PE Department – KS3 Y7 Curriculum Plan

Autumn Term (The number in brackets is the amount of lessons)

	Cycle 1 (2)	Cycle 2 (6)	Cycle 3 (6)	Cycle 4 (6)	Cycle 5(6)	Cycle 6 (2)
Girls 1	HRF	Football	Hockey	Netball	Badminton	OPTION
Girls 2 & Mixed	HRF	Hockey	Badminton	Football	Dance	OPTION
Boys 1	HRF	Rugby	Yr 7 Dance Yr 8 Hockey	Orienteering	Football	OPTION
Boys 2	HRF	Badminton	Rugby	Football	Orienteering	OPTION

Spring Term

	Cycle 1 (8)	Cycle 2 (6)	Cycle 3 (8)	Cycle 4 (2)
Girls 1	Cross-Country	Orienteering	Dance	OPTION
Girls 2	Cross-Country	Orienteering	Netball	OPTION
Boys 1	Cross-Country	Badminton	Sportshall Athletics	OPTION
Boys 2	Cross-Country	Yr 7 Dance Yr 8 Hockey	Sportshall Athletics	OPTION

Summer Term

	Cycle 1 (6)	Cycle 2 (4)	Cycle 3 (2)	Cycle 4 (2)	Cycle 5 (2)	Cycle 6 (2)	Cycle 7 (2)	Cycle 8 (2)	Cycle 9 (2)
Girls 1	Athletics	Athletics	Rounders	Rounders	Rounders	Athletics	Cardio-Tennis	Cardio-Tennis	OPTION

Girls 2	Athletics	Cardio - Tennis	Rounders	Rounders	Rounders	Athletics	Athletics	Athletics	OPTION
Boys 1	Athletics	Athletics	Athletics	S + F	Cardio - Tennis	Cardio - Tennis	S + F	S + F	OPTION
Boys 2	Athletics	Athletic	Cardio - Tennis	Cardio - Tennis	S + F	S + F	S + F	Athletics	OPTION