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| Subject: PE | Year: 10 | Developed by: LG | Date: Sept 2021 |
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INTENT

- develop a life long love of physical education
- develop knowledge and understanding of anatomy and physiology and fitness
- Link all aspects to practical examples within their own sports.

The themes for the year / areas of the curriculum to be studied / the big picture TO BE SHARED WITH STUDENTS (evidence in their books)

IMPLEMENTATION

| Overview of Year – Topic area and Assessment | Term 1 | | | | | | | | Term 2 | | | | | | | | Term 3 | | | | | | Term 4 | | | | | | | Term 5 | | | | | Term 6 | | | | | |
|--|---------------------------------|---|---|---|---|---|---|---|---|----|----|----|----|----|----|----|--|----|----|----|----|----|----------------------------------|----|----|----|----|----|----|---|----|----|----|----|---|----|----|----|----|--|
| | 1 | 2 | 3 | 4 | 5 | 6 | 7 | 8 | 9 | 10 | 11 | 12 | 13 | 14 | 15 | 16 | 17 | 18 | 19 | 20 | 21 | 22 | 23 | 24 | 25 | 26 | 27 | 28 | 29 | 30 | 31 | 32 | 33 | 34 | 35 | 36 | 37 | 38 | 39 | |
| | Topic 1: Skeletal System | | | | | | | | Topic 1 Assessment- End of topic test- skeletal <u>Topic 2 Cardiovascular and respiratory system. The effects of exercise.</u> | | | | | | | | Topic 2 continued Assessment End of topic test CV and respiratory | | | | | | Topic 3 Fitness and body systems | | | | | | | Topic 3 continued including training Assessment End of topic test fitness | | | | | Revision- past papers Mock – Paper 1 90 marks, 1 hr 45mins Athletics practical moderation | | | | | |

See rota below for specific classes

IMPACT

| Topic, Assessment, | Topic | Assessment Method | Mark Sch / Grade Boundaries | Knowledge / Skills / Understanding To be shared with students |
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| | EARLY ASSESSMENT on bones and muscles | Short test, testing knowledge and recall | Common boundaries used across tests and department. | FAR marking |

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| Assessment- End of topic test- skeletal | End of topic test using past exam questions | Common boundaries used across tests and department. | FAR marking |
| Assessment End of topic test CV and respiratory | End of topic test using past exam questions | Common boundaries used across tests and department. | FAR marking |
| Assessment End of topic test fitness | End of topic test using past exam questions | Common boundaries used across tests and department. | FAR marking |
| Mock | End of year assessment using past papers. Paper 1 90 marks 1 hour 45mins | Common boundaries used across tests and department. Previous Edexcel grade boundaries | Students use previous end of topic tests questions and mark schemes to revise as well as mind maps and revision guides. |
| Athletics moderation | Observations and comparisons between students and classes | Edexcel assessment criteria. | Feedback given in order to improve and increase grade by September. |